

The Masthead



GATINEAU RIVER YACHT CLUB - 25th ANNIVERSARY YEAR
Club de Voile de la Rivière Gatineau - 25^e Anniversaire

Vol. 25 No. 2 June, 1987 P.O. Box 3, CHELSEA
Quebec JOX 1N0

THE COMMODORE'S HOIST

At this early stage there appears to be considerable interest from prospective members and there will be some new boats and sailors at the club this year. Welcome to new members and happy new season to all.

This is being written before the clean-up and before all members paid their dues. By the time you have received your copy the club should be full of activity and the entrance and walkway serviceable, if not up to the ideal standard.

Evidence after the winter proved the design of the new section of the catwalk. Much thanks to Don Henning, the boom committee and all those who have helped in its construction. Completion of the second half on the same principle is under way. The evident improvement in club access is spoiled now by the entrance ramp; the main supporting pier is gradually tilting and its arrest is a formidable problem. Any good ideas?

John Pomeroy has accepted the position of Club Manager and we are delighted to have his experience and cheerful presence to help us have another excellent season. It appears that other experienced staff will be back as well, so we can look forward to the junior program being a repeat of the 1986 success.

The board is also delighted to welcome Janet Millen as Rear Commodore. This is completion of business left over from the AGM, at which time Janet was unable to accept the position despite the evident support of the meeting.

INVITATIONAL REGATTA 27-28 JUNE - SAILPAST AND OPEN DAY JULY 1st

Racing starts immediately after the clean-up (Monday May 18th) on Sunday May 24th with the Commodore's and Rear Commodore's openers. If you are like me, constantly looking for a bottle opener, this is an opportunity to win a purpose designed opener large enough not to lose! There follows racing every Sunday.

The first major social event is the New Member's BBQ. All members are welcome and all food except the BBQ meat will be provided (at a small charge for those who are not new members). This is followed in two weeks by the Invitational Regatta.

The Invitational Regatta is a major club event. Members who are not racing are invited to attend the evening BBQ and the morning breakfast (the islands are a delight on a summer morning) as well as to use the club as usual. We enjoy being host to the other clubs of the region and usually provide and have a lot of fun. The week-end is not exclusively for competitive sailors; please join in the party.

There follows immediately on Wednesday July 1st the Sailpast and Open House. The Sailpast is an outing for the whole fleet and the Open House provides an opportunity for friends and neighbours to visit the island, and for otherwise preoccupied members to meet friends and neighbours!

Attached is a list to date of GRYC members. Please do not hesitate to contact the Board of Directors:-

COMMODORE	Malcolm McHattie	H 827-2935 B 998-1981
VICE COMMODORE	Alain Godbout	H 561-4535 B 996-1932
REAR COMMODORE	Janet Millen	H 827 2684 / 521-0933
FLEET CAPTAIN	Bruce Lorimer	H 230-2546 B 230-4555
TREASURER	Rick Godfrey	H 230-6528 B 238-7291
SECRETARY	Yvonne Jurgens	H 827-3635 B 827-3635

Last year we had a good season with reputedly bad weather. We are looking forward to another great season with undeniably good weather. See you on the islands.

Malcolm McHattie

DESCRIPTION OF SAILING PROGRAMS

Junior Skipper:

This program is designed for children aged 7-10 with little or no experience with sailboats and crafts. The program is intended to provide basic instruction in water safety, use of sailboats and enjoyment of water sports.

The sailing program is given in the morning between 9h30 and 11h30 when the winds are usually lighter on the Gatineau River. One session is planned for in the middle of July every year. Subject to sufficient registration a second session may be added in early August. Registration to this program is limited to 10 per session. Club members have priority over non-members.

White Sail:

This program is designed for children aged 9 and over. The program is intended to provide basic instruction on the use of a standard sailboat. Besides providing an initiation to the fun of sailing, each level of the program has specific learning objectives and skills training content.

The program is based on the Canadian Yachting Association sailing instruction program and the Quebec Sailing Federation program structure. The GRYC instruction program is recognized by both associations.

Level I- Basic boat safety and rescue procedures
Rigging of the sailboat
Understanding of boat handling
Sailing as a crew or under supervision

Level II- Understanding wind directions,
Sail and boat handling
Boat launching and storing procedures
Sailing as helmsman.
Recognizing sailing hazards.

Level III- Basic navigation and orientation
Boat team coordination
Boat and sail trimming
Sailing under abnormal conditions
Safety and accident prevention

The sessions are held throughout the summer and are scheduled in the morning when the winds of the Gatineau River are lighter. Classes run from 9h30 to 11h30 each day of the week. Other non sailing activities are organized by the sailing school which may extend in the afternoon. Up the river cruises and 'Fun Days' are held at irregular intervals.

Racing squadron program:

This program is intended to provide sailors 13 and over. It is designed as an introduction to the world of sailing as a recreational sport. Participants should have a basic understanding of sailboats handling and safety. The White Sail III certification will be required only for those who intend to obtain the CYA Bronze and Silver certifications. These are optional but highly recommended. The training and skill acquisition program will be based on the CYA Bronze (levels IV and V) and the Silver (level VI)

VICE-COMMODORE'S SALUTE

We are almost there and ready to greet the abominable island kids for another season. Bring your PFD, we have ordered plenty of sun, wind, water and fun.

Renée Plouffe will be back on the catwalk with an improved pedigree. She must have spent a good part of the cold months adding certifications to her resume. She will be our lead swimming instructor and will continue to bring our juniors from pre-swimming to Bronze Cross. Peter Robinson decided to overlook an offer in white river rafting and live another year the thrilling and dangerous life of the GRYC islands. He will act as a swimming instructor as well as assistant manager.

Offshore, Tammy Close will lead the sailing instruction; polishing up what she has painstakingly initiated over the last two years. What we are not certain of at this point is to what extent she will really miss Laird. Best thing is to wait and see...the flower will likely bloom! To assist Tammy, we have recruited Tracy Hutton. Tracy has proven over the last two years to be one of our best racing sailors (unfortunately she preferred to be at her best outside of the Club). Tracy will be our coach on the racing squadron.

(continued next page)

Participants will be exposed to the theory and practice of sailing in order to attain a high degree of proficiency at boat handling under all weather conditions. The program is designed in order to permit any young sailor to obtain the best results on any type of sloop-rigged or single handed catboat. Club and out-of-club regatta participation will be included as part of the racing program.

The program will run in the afternoons starting at 13h00 and will run until 16h00 each day of the week. The program will consist of a series of sailing skills acquisition under racing, cruising and fun sailing conditions. Other watersport activities such as the introduction to windsurfing may be added subject to the availability of equipment and instructors.

DESCRIPTION OF SWIMMING PROGRAMS

The Red Cross program:

The Red Cross program consists of a series of 2 week programs of swimming skills acquisition. Each level is made of swimming theory, technique and water safety. Participants proceed from the Yellow level (lowest) through 8 programs up to the White level. The Red Cross program delivered at the GRYC is designed for participants aged 7 to 13 approximately.

Swimming classes consist usually of 5 to 6 participants. The programs run throughout the day. The lower levels of the Red cross program are normally held in the afternoon (from Yellow to Blue) while the higher programs are held in the morning (Blue to Advanced White).

The Bronze Medallion and Bronze Cross:

The Bronze Medallion is a program designed by the Royal Life Saving Society of Canada for swimmers who have completed the Red Cross White Level. The Bronze Cross is an advanced Life Saving Program which is required for those who intend to obtain life guard and instructors licences. The program is recommended for those who are considering to act as swimming instructor or life guard. The program requires a minimum age of 13 and good physical condition. Participants will develop advanced life saving, physical fitness and decision-making and judgement skills.

The program is normally held in the morning between 10h30 and 12h00. Classes consist of 4 to 5 participants.

The ESSO Swimming program:

The ESSO swimming awards program is a swimming activities program aimed at participants aged 10 to 16 who have acquired the basic skills of swimming and preferably completed the Red Cross program. The program is designed to provide an introduction to the disciplines of olympic swimming and an opportunity to participate in a skills development program. Other watersports activities will be added to the swimming program to create a more interesting set of activities.

This program will be introduced this year at GRYC on a trial basis. The success of this program in other clubs and community

John Pomeroy will be back at the helm, trying desperately in his usual style to keep the Islands afloat and steering them on course. John will also be our sailboard instructor. At this point in time we are also considering hiring Benji Dolgin as a property manager. This decision is still pending an assessment of our financial capabilities. Let's hope we can make it, the Club could certainly benefit from it.

The capacity of the swimming classes will remain this year limited to six students per instructor per hour. This is much better than anything you will find in the area. But we will continue to maintain the level of quality high. Sailing classes will be limited to 12 because of the number of boats available. This number could be increased if students can use the family boat. Please register early, we had to turn down some requests last year because we were booked up solid on Sessions 2 and 3. Please note that the session for Junior Skippers (pre-white sail for age group 8-9 and 10) will be held in the middle of July. Don't wait for summer...register them NOW!

We like to believe that the Islands are the best place for kids to be growing in. With your help, it is going to improve further. Let's have a summer of Force 10 fun.

Alain Godbout

FLEET CAPTAIN'S REPORT

The final racing schedule is attached to the Masthead.

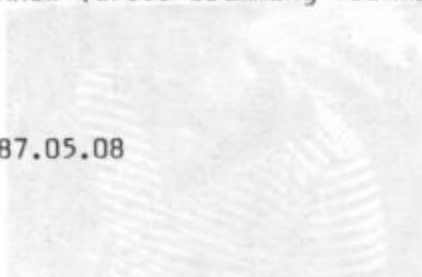
Racing starts May 24 with the Commodore's and Rear-Commodore's trophies up for grabs. We have had a warm Spring - so the Spring series will not be a "Frostbite"; give it a try.

The Invitational will be held June 27 and 28. It is open to members of other clubs and is a good weekend to watch if you do not sail. The bar-b-q and party are open to all club members and their guests, whether you take part in the regatta or not. It's fun, be there!

As I mentioned in the April Masthead, we intend to redeed some of the trophies for the July and August series with the Young Tray for juniors and the Medland Shield for women in July and the Henning Trophy for juniors and the Carling Trophy for women in August. If this increases participation in the racing, the principle can be extended to the Spring and Fall Frostbite series next year.

The first racing workshop will be held at 10:00 a.m., July 5, before the first race of the Summer series. It will deal with the basic rules and starting. If there is enough interest, one can be held earlier during the Spring series. Subsequent workshops will be held depending upon the level of interest. I don't mind arriving a little early and passing on what little I know (after cramming from some books the day before).

87.05.08



Best wishes for the 1970 season
Director and Club Secretary
best wishes for the 1970 season

TREASURER'S REPORT

The last issue of the Masthead included membership renewal forms. The form was slightly different from previous years and the information gathered has been most useful in updating membership records.

If you have queries regarding the additional charges that appeared on some of the renewal forms, please contact either the Secretary or myself. These charges included late payment penalties from last year and outstanding bar bills.

Unfortunately some major expenses are incurred at the beginning of the season. This year its the competition of the catwalk.

To-date we are somewhat behind last year in membership renewals although the small increase in fees has made actual receipts approximately the same.

If you have not yet sent in your renewal, please let us have it soon. Remember, a 10% late payment penalty applies to fees received after May 1.

Rick Godfrey

Treasurer

REMEMBER THIS YOUNG MAN!

It's the GRYC's 25th anniversary.

If you have pictures that remind us of our history, send them along, or give them to a member of the executive. Your contributions are welcome.

Nancy Ruddell

Editor.



Meet Graham Parkinson who has been employed as Junior Program Director and Club Watch Officer for the 1970 season.



GRYC New members' BBQ



BBQ pour les nouveaux membres de GRYC

GATINEAU RIVER YACHT CLUB 25th ANNIVERSARY YEAR

Club de Voile de la Rivière Gatineau
25^e Anniversaire

THE GRYC MEMBERSHIP WILL HOLD A
BBQ TO WELCOME NEW MEMBERS

- SATURDAY JUNE 13th AT 5 pm
- ALL MEMBERS WELCOME
- MEMBERS TO BRING THEIR OWN MEAT
- BREAD, SALAD, DESSERT AND COFFEE WILL BE PROVIDED
- CHARGE WILL BE \$3 FOR EACH ADULT AND \$1.50 FOR EACH JUNIOR OVER 11
- NO CHARGE FOR NEW MEMBERS
- BEER, WINE AND SOFT DRINKS WILL BE AVAILABLE FROM THE BARY

Welcome / Bienvenue

Gatineau River Yacht Club
Club de voile de la riviere Gatineau



SAILPAST AND OPEN HOUSE

PORTE OUVERTE



GATINEAU RIVER YACHT CLUB
25th ANNIVERSARY YEAR

Club de Voile de la Rivière Gatineau
25^e Anniversaire

The Gatineau River Yacht Club
welcomes visitors to the annual

SAILPAST AND OPEN HOUSE

WEDNESDAY JULY 1st
between 1 pm and 5 pm

The sailpast begins at 1.00 pm
light refreshments will be served
when the fleet returns to shore

BRING YOUR FRIENDS ALONG.



Come and visit us / Venez nous visiter

Gatineau River Yacht Club
Club de voile de la rivière Gatineau