

# The Masthead



VOL 10. No. 3 JUNE, 1972 - GATINEAU RIVER YACHT CLUB, Inc., Tenaga, Quebec

## DIRECTORS RECEPTION & COMMODORES SAILPAST JULY 1st

The months of June and July always seem to be very busy months at our Club and this season is no exception.

July 1st has been set aside for our traditional Director's Reception and Commodore's Sailpast.

We hope members will take advantage of this occasion to meet and welcome new members, renew friendships, introduce prospective members, and perhaps bring other guests along to see our lovely islands.

A special invitation this year is being extended to our neighbours who live or cottage in the vicinity of our Club.

Refreshments will be served in the Clubhouse.

So let's all come and join the fun and support our Directors, whether it be in a yacht, pram, rowboat, canoe or by simply enjoying the beauty of our islands in the sun.

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### G.R.Y.C. CANTEEN

As you have all probably noticed, our canteen is now in full swing. Greg Campbell will be looking after it for us this season, providing light lunches (hamburgs, hot dogs, smoked meat sandwiches, etc.). Canteen vouchers are available from Greg for \$5.00.

### CANTEEN HOURS

WEEKENDS	-	10:00 a.m. - 5:00 p.m.
WEDNESDAY NIGHTS BEGINNING IN JULY	-	Pre-race lunches

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### CLUB TROPHIES

IF ANY MEMBER STILL HAS IN HIS OR HER POSSESSION ONE OR MORE OF THE CLUB'S TROPHIES, PLEASE BRING IT BACK TO THE CLUBHOUSE NOW!

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## T H E C O M M O D O R E ' S S I G N A L

We are well underway with the Spring Frostbite Series of races complete and congratulations to our first trophy winner John Tutton.

The "Meet the Fleet" party on May 17th was a very pleasant gathering and we were pleased to welcome officers from neighbouring sailing clubs along with new members, guests, and many "old hands".

The Clean-Up Day this year also went off very well with a number of people turning up in the morning for work and then a lunch of Chili Con Carne, prepared and served by our Social Committee Chairman, Roberta Butler; and then others arriving to work through most of the afternoon. It was a beautiful day and we are very grateful to all those who came along to prove the old adage that "many hands make light the work".

Its great to be back on our islands after the long winter and to see busy sailors checking rigging, listening for starting signals, or just cruising in brisk spring breezes.

There's activity all around and everyone is most welcome to join in planning or running events sponsored by your Club. Your Board of Directors and Management Committee will be delighted to hear from you if you have one or more particular areas of interest and feel you would like to help.

Here's the list for your easy reference:

1. Sailing - Race Committee -  
Mr. J. Strutt, Fleet Captain  
Phone - 827-0129

2. Membership Applications and detail -  
Mrs. Joan Tutton, Club Secretary  
Phone - 827-0265
3. Finances - Fees, etc. -  
Mr. Al Wilson, Club Treasurer  
Phone - 234-2278
4. Junior Program -  
Mr. Blair Erskine, Vice-Commodore  
Phone - 828-4184
5. Social Committee -  
Mrs. Roberta Butler, Chairman  
Phone - 746-2731
6. Property & Harbour Committee -  
Mr. Bert Dollin, Chairman  
Phone - 749-2109  
  
Mr. Graeme Parkinson, Club Manager  
Phone - 827-1677
7. Publicity and Public Relations -  
Mr. Barrie Jeffery, Rear Commodore  
Phone - 729-7345
8. Editor of MASTHEAD -  
Mrs. Marion Rowbotham  
Phone - 749-4290

There are two other Committees dealing with more long range programs:  
Membership - Mr. John Sealey  
Phone - 733-7535

Boat Committee (provision of Club boats for Junior and Intermediate training)  
Mr. Pat Evans  
Phone - 827-2675

YOU are invited to get involved with the operation of YOUR Club.

Above all, do come out and sail or cheer the racers on their way.

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## THE CLUB MANAGER

To better describe the duties of our Staff Officer, Graeme Parkinson, the Board of Directors have changed the title of the position to Club Manager. Graeme's duties do not change in the process, but we feel that this name change may make his responsibilities more clear for everyone. He will continue to be our sailing instructor for the Junior Program and will co-ordinate all other Junior activities, plus assume responsibility for the general maintenance work of the Club under the direction of the Property Committee Chairman.

## ADIM-PADIM SCHEME

Under a community work project scheme organized by Woodroffe High School in Ottawa, five young men under project leader Andrew Beers spent two days at the Club on May 25th and 26th. During their project these young men carried out various work projects on the islands and we are grateful for their contribution to our maintenance program. We also congratulate Andrew who, as a Junior member, thought out this scheme of help for the Club and carried out the project in consultation with Property Committee Chairman Bert Dollin and Club Manager Graeme Parkinson.

## FEES

The season has begun with two of the finest May weekends in decades. We ought all to be grateful that such weather is necessary to balance the meteorologists' books.

At this time, the paid up membership of our organization is something less than fifty percent of last year's total. The treasurer must, of course, assume that this situation is no more than an extended financial winter which will be balanced by splendid sunshine later in the year. The Treasurer, however, has not much faith in statistics.

Fee invoices were posted to the membership nearly three months ago. Will those of you who have not done so please send your payments to the Treasurer at once.

Al E. Wilson  
Treasurer

## MANY EXCITING ACTIVITIES IN JUNE

- June 4th - Regular Series Races begin
- June 24th- C.J.O.H. Regatta
- June 29th- Evening Series Races begin
- July 1st - Commodore's Sailpast & Director's Reception



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## WHAT MAKES A BOAT GO?

By

### Wind Indicator

Let's discuss why some boats appear to be faster than others. There is no doubt that some boats, if left to their own devices, are faster and this is the result of the design, the sails, the condition of the bottom (i.e. smoothness), the amount of wind and other natural factors. The second reason a boat may sail faster is the "nut" ahead of the tiller who artificially adjusts the sails and rudder to get maximum boat speed. The third factor is the tuning of the boat and this is the subject that we will discuss further.

You have all heard of balance and this is exactly what must be achieved in the tuning of a sailing boat. This is a compromise which you normally settle by deciding to make your boat sail its best against the wind with little helm. By little helm I am referring to whether or not you are always having to correct to keep the boat on course. You should have a bit of weather helm, but if you have a lot, try moving the foot of the mast back. Also, in very heavy weather you may be able to make a correction by lifting the centre-board slightly, thus changing the balance of the boat.

Once you are satisfied that the helm of your boat is okay the next problem is to attain the right rake on the mast. This again varies, but the technique includes starting with a level boat; if you have a straight bow then this should be vertical (use a carpenter's level with the boat on a trailer). Once your boat is level then set your mast so that when you hang a weight from the hal-yard it will fall some 8 inches to 10 inches behind the gooseneck. This

will give you a mast rake of some 12 inches from the perpendicular. At the same time check that your mast is horizontal to the athwart-ships. Do not depend on your side stays to be of equal length. They seldom are and it is for this reason you have different adjustment holes.

Now that you are satisfied with the mast, let's look at your sails. Do you make use of the cunningham hole to adjust the draught on your main? Generally, as the wind increases you should increase the tension on the cunningham. Also, do you use your outhaul to maximum advantage?

One further point, do you have black bands on your mast and boom? These are not for decoration, but are the outer limits to which you may set your sails under class rules. Of course, if you are not a class sailor, then these do not apply. However, sails are made to fit a certain area. The black bands ensure that you do not overstretch them. Many a new set of sails have been ruined by well-meaning owners attempting to get maximum area by stretching them on spars that have no black bands for guidance.

In summary, if your boat is apparently slow, check:

- 1) your bottom (the wetted surface)
- 2) the "nut" ahead of the tiller
- 3) boat balance
- 4) mast rake
- 5) sails

Remember, all above will help, but the human element is the greatest factor. For suggested reading buy:

Peter Heaton, Sailing  
Penguin Handbooks (PH49),  
1949, 249 p.

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### ADULT SAILING TRAINING COURSE

Connla Wood has kindly offered to conduct the Adult Sailing Training Course again this year. The course will run for four nights from June 26th-29th inclusive. Connla is able to handle six people on the course on a first come first served basis. If there are more than six people interested, another course will be run later on in the season. To sign on for the course call Connla Wood at 746-8845.

## JUNIOR PROGRAM

The Junior Program for 1972 will be broken into two 4 week sessions. The swimming and sailing programs will not conflict and will enable our junior and intermediate members to participate in both courses. The swimming will consist of programs from pre-beginners to bronze medalion and the sailing will consist of Standards I through IVA. The program has been lengthened this year to give it more flexibility and its participants more experience.

A tentative schedule of the swimming and sailing programs follows.

Session 1 - July 3rd - 28th

Session 2 - August 7 - September 1

### SWIMMING 1972

Pre-Beginners - An eight week program consisting of two  $\frac{1}{2}$  hour sessions per week. 8 hours total.

Beginners - A four week program consisting of five  $\frac{1}{2}$  hour sessions per week. 10 hours total

Junior - A four week program consisting of five  $\frac{1}{2}$  hour sessions per week. 10 hours total

Intermediate - A four week program consisting of five 1 hour sessions per week. 20 hours total

Senior - A four week program consisting of five 1 hour sessions per week. 20 hours total

Bronze - A four week program consisting of five  $1\frac{1}{2}$  hour sessions per week. 30 hours total.

AVAILABLE 1st SESSION ONLY

### SAILING 1972

Std. I - 4 wks of 5  $1\frac{1}{2}$ -2 hr sessions daily

Std. II-4 wks of 5  $1\frac{1}{2}$ -2 hr sessions daily

Std. III-4 wks of 5  $1\frac{1}{2}$ -2 hr sessions daily

Std. IVA-4 wks of 5  $1\frac{1}{2}$ -2 hr sessions daily

We hope to be able to have our juniors participate more fully in various inter-club regattas this year as well as having our own junior events throughout the season.

### TENTATIVE TIMETABLE

#### SWIMMING

10:00 a.m. - 11:00 a.m. - Bronze  
11:00 a.m. - 12:00 noon - Senior  
12:00 noon - 1:00 p.m. - Lunch  
1:00 p.m. - 1:30 p.m. - Beginner  
1:30 p.m. - 2:30 p.m. - Junior  
2:30 p.m. - 3:30 p.m. - Intermediate  
3:30 p.m. - 4:30 p.m. - Senior & Bronze lengths

#### SAILING

10:00 a.m.- 12:00 noon - Std. I & II  
12:00 noon- 1:00 p.m. - Lunch  
1:00 p.m.- 3:00 p.m. - Std. III & IVA

#### FEES

Fees have been established for the complete Junior Program including Sailing Training, Swimming Courses, and other activities and events. It is a complete fee for the season and is the same whether you register for one course in one session or attend throughout the season. For those registering in Sailing Training up to Standard III and/or Swimming Courses up to Senior Red Cross, the fee is \$25.00 reducing to \$20.00 for multiple members of a family, i.e. \$65.00 for 3 children. For those registering for Standard IVA and/or the Bronze Medallion course the fee is \$30.00 reducing to \$20.00 for multiple members in a family. Registration forms are available at the Clubhouse. Please register early to enable the course leaders to plan well in advance of the courses.

### DEADLINE FOR REGISTRATION

JUNE 24

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## R A C E R E S U L T S

The following is a summary of the Spring Frostbite series. The final race in this series was sailed on May 28th.

SUNDAY, May 21st

Frostbite No. 1 results:

1st - Connla Wood; 2nd - Chris Place  
3rd - John Tutton

Connla Wood thus wins the Commodore's Opener.

Frostbite No. 2 results:

1st - Connla Wood; 2nd - Colin Ramplee-Smith  
3rd - Chris Place

MONDAY, May 22nd

Frostbite No. 3 results:

1st - John Tutton; 2nd - Colin Ramplee-Smith  
3rd - Pat Evans

Frostbite No. 4 results:

1st - Pierre Bernier; 2nd - John Tutton

SATURDAY, May 27th

Frostbite No. 5 results:

1st - Pat Evans; 2nd - John Tutton  
3rd - Colin Ramplee-Smith

Frostbite No. 6 results:

1st - Connla Wood; 2nd - John Tutton  
3rd - Colin Ramplee-Smith

SUNDAY, May 28th

Frostbite No. 7 results:

1st - David Strutt; 2nd - D. Wilson  
3rd - Pierre Bernier

Frostbite No. 8 results:

1st - Connla Wood; 2nd - John Tutton  
3rd - Pierre Bernier

FINAL STANDING IN FROSTBITE SERIES

1st - John Tutton - 23 3/4  
2nd - Connla Wood - 24  
3rd - Colin Ramplee-Smith - 31



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