

Ottawa Ski Club News

PUBLISHED BY THE OTTAWA SKI CLUB
CIRCULATION 2400 COPIES

They wanted snow.—Judging by the way fees were holding back that something was wrong, Ye Ed. called up Old Man Joe who, at all times, keeps his finger on the pulse of the Club. "They want snow", said Old Man Joe. There is a lot of it in the bush of course, but it is a bit dirty now, having been used continuously since the 1st of December, and they are afraid for their brand new suits. Give them six inches to start with and three or four inches more every Saturday morning, to make the trails nice and soft for the week-end." This has been done. Please let your fees come in now, as thick and as fast as the snow flakes have been falling down for the past few days. Remember, **all fees are to be paid at McGiffin's store, Sparks St.** (next door to Royal Bank), and remember also that we want three thousand members this year. Do your bit in recruiting.

And something quite unexpected happened.—The above lines were penned on Saturday morning when the thermometer stood at 12 below and after snow had been falling more or less steadily for forty-eight hours. At 8 p.m. Ye Ed. was busy with the shovel and pick, along with a score of Night Riders, preparing the slopes of the Canyon for the two thousand 'Not Outs' who were expected the following day, but as he turned in at 12 a.m. a wretched South-East wind—Did anything good ever come from the South—brought a deluge of sleet and rain, turning the streets of the City into small rivers and making a sticky mess of the snows of Camp Fortune. At 1 p.m. on Sunday the wind shifted to the North-west, bringing back the cold and turning the wet snow into ice over which three or four score people who had made the camp in the morning danced madly to reach the bus or car line. It may have been a "meteorological depression," but judging by the way they were bumping around, no one seemed particularly depressed. A gust of wind carried Ye Ed. in ten minutes exactly from the foot of Murphy's hill at Kingsmere to the bus line at Old Chelsea, over two and a half miles of icy roads, where he met a lot of people who claimed to have made it in five minutes, but that could not be of course. Altogether the most thrilling descent Ye Ed. ever had.

The Dome-Hill Juniors and the Gatineau Girls.—The Dome-Hill Juniors were out forty strong for their first excursion on Saturday, Jan. 4th. A record for a first trip.

From a very small beginning in 1924, the Dome Hill Junior Department has kept pace with the Club and grown to such an extent that it now includes one hundred boys and girls, from 6 to 15 years of age. Their favorite trail is the "Dome-Hill trail" leading to the Dome hill Lodge. Every bright and cold Saturday morning they gather at the Hull Electric Station, at the foot of the Chateau, and start on the Great Adventure, under the guidance of Mrs. F. G. Semple, their God-mother and half a dozen other lady supervisors.

The Dome Hill Junior League will go farther afield this year. A new branch is being organized under the direction of Miss Belle Roger, an enthusiastic skier and particularly suitable leader. It will include all the girls who have conquered the slopes of the Dome Hill trail and who are old enough to look after their mittens and car tickets. "**The Gatineau Girls**"—such is the name of the new organization—will venture out as far as the Pink Lake Lodge and Camp Fortune, under the leadership of Miss Roger, who will give them the same personal care as the Dome-Hill Juniors have been receiving. Anxious parents need have no fear; the "Gatineau Girls" will return home safe and sound.

For further information about the Dome Hill Juniors apply to Mrs. F. G. Semple, Q. 6747. For the Gatineau Girls, apply to Miss Roger, Q. 936.

THE EXECUTIVE

The Club records, with deep regret, the resignation from the Board of Directors of Geo. Audette and Alex. Haultain, who have been identified with the Club since its birth and to whose untiring energy and wise counsel much of the success of our organization is due. George however remains in charge of his immortal trail. Their places on the Board have been filled by John Amyot and Lawrence H. Burpee, both from outstanding families of skiers. The Executive for 1928-29 is now constituted as follows: President C. E. Mortureux, Vice Presidents, C. Allen Snowdon, J. A. Wilson; Secretary-Treasurer, Captain H. Marshall; Membership Secretary, Mildred Ashfield; President of Ladies Executive, Muriel Whalley; Directors—Sigurd Lockeberg, Captain T. J. Morin, Alex. B. West, F. G. Semple, K. G. Chipman, John Amyot, Lawrence H. Burpee.

H. A. Wetmore, K. G. Chipman, A. G. McHugh and Cliff Barry are respectively in charge of the Camp Fortune, Dome-Hill, Pink Lake and East-Side Lodges.

Tid-bits.—"Your kind invitations to come out and your effusions about trails (How they love that word "effusions"!) are well meant, writes a fair correspondent

Mais le moindre brin de neige
Serait bien mieux mon affaire

"In other words, quit raving, my dear Sir, and give us snow." (How much snow do you want before you risk your precious person out, Mabel?)—Little incidents like the following give one an insight into the depravity and worthlessness of the present generation. This applies to the "other half", of course:—A young person came in the President's office and asked if there was any work she could do for the Club. Visions of washed window panes scrubbed floors and steaming hot coffee came to the President's mind and he laid his heart's desire before the fair visitor. "Indeed" she said, drawing up the full height of her 5 feet one inch "I reckon you want a supervisor. Do you supply cock-tails and cigs?" Do you wonder that so many prominent men, including the Prince of Wales and Ye Ed., remain single?—"I may have lost my skis and watch", writes an indignant young man mentioned in the last "Tid-bits", "but my girl has remained true to me. Please rectify your statement." (The girl was just thrown in for good measure, Joe.)—Wearing the old toe strap skis of thirty years ago, Colonel Amory, an American Cavalry Officer, took George's trail the other day and did not fall any more than a good horseman should. He enjoyed it.—Congratulations to the Quebec Ski Club on its lively circular "The Weekly Squeak" published twice a week at the rate of 4,000 copies, and to the "Grouse Mountain Park, Vancouver" on its witty News Bulletin. Have not seen any circular from the Toronto Ski Club for some time. What is the matter?—"By the way", said His Excellency the Governor General when Ye Ed. called to pay his respects on New Year's day, "That reminds me that I left a tin of beans at Camp Fortune last year. How are they keeping?"—How long will that lovely blue suit keep its bright colour, Alice?"—"Where is the rest of this?" asked an inquisitive young man picking up a cork-screw on the Cote-du-Nord after a wreck.

Patronize our advertisers.—The tradesmen who advertise in this circular are friends of the Ottawa Ski Club. It would be impossible without them to publish the "News." Please help them by giving them your trade—all your trade, and when you go to them do not forget to mention that you saw their ad. in the Ottawa Ski Club News. Help our advertisers who help your Club.

The Dome Hill Lodge.—Ice cream and hot dogs are now available at the Dome Hill Lodge Cafeteria. Three cheers for Alex. West, who is in charge of the cafeteria.



The Great Fur and
Specialty Shop of Eastern Canada
DEVLINS
The R. J. Devlin Co. Limited

Newest and Smartest SKI TOGS for Girls and Men

AT REMARKABLY LOW PRICES—DURING OUR DIAMOND JUBILEE SALE
ARE ALWAYS TO BE HAD IN THE DEVLIN SPORT SHOPS

FOR GIRLS:

- Finest Flannel Ski Shirts\$2.25
- Four and Five-Piece Ski Sets, Imported—
of novelty patterns in finest wool.
Regular to \$25.00\$7.95
- New Satin Stainless Windbreakers in
bright colorings—finely tailored ..\$25.00
- Newly Imported Ski Shirts from Norway
—extremely smart and of unusual de-
sign\$9.75
- Finest Fox Serge Ski Slacks — lined
throughout. Special\$3.95
- Newly Imported Ski Pullovers from Nor-
way—in unusual and attractive color-
ings\$4.95

FOR MEN:

- Imported Norwegian Ski Suits; two-piece,
of unusually smart design, cut, and fine
quality. Exceptional value, complete
at\$21.50
- Ski Caps\$1.50
- Ski Shirts, in navy, or in blue and fawn
overchecks\$2.50
- Ski Slacks of fine Fox's serge, strongly re-
inforced with double seat and knee \$5.50
- Tweed Knickers for skiing, in grey, fawn
or brown\$8.50
- Ski Hose with fancy tops; also included
are the very new yellow Ski Hose \$1.50
and\$1.75
- Ski Sashes, in brilliant colors. A smart
accessory\$5.50 and \$7.50
- Leather Ski Mitts, with wool mitt to wear
inside. Complete\$2.25
- Canvas and "Doeskin" Windbreakers \$5.50
- Fine Suede Windbreakers \$15.00 and \$18.00

"Shoes of the Hour"

La Gioconda Shoes

*for
Women*

Church & Co. Ltd.

*English Shoes
for Men*

GALES & CO. 77-79 Sparks St.

Acquiring confidence.—To be able to check one's speed by stemming or snow ploughing is a very necessary and, in fact, almost indispensable accomplishment. The knowledge that one can reduce speed at any time to an ordinary walking pace by these simple manoeuvres imparts such a feeling of security and confidence that all skiers would be well advised to master the act of stemming thoroughly before venturing on any bush trail.

Checking can be overdone however, like anything else. Some people get in the habit of checking at all times just as though sure death was awaiting them at the bottom of every slope. They go like lame ducks, never daring to let go, and thus rob themselves of all enjoyment. Ski-ing practised in this fashion is but a tedious and painful process. Stemming is always very tiring and should be practised only on very short stretches. Better by far take a chance, enjoy a thrilling descent at full speed and risk a fall, when the snow is deep as it is now, than hold back everlastingly as though one was made of glass.

When all is said and done, it must be admitted that lack of courage is at the bottom of all this, and courage, like balance and steadiness, can easily be developed. Suppose you fall on a hill or at the bottom of it, and no part of your anatomy or equipment has been broken. Pick yourself up and hold a post-mortem on the cause of your fall. Don't look for excuses now. Be true with yourself. Did you fall backwards, sitting down? That's because your skis ran away from you, and they ran away because you did not have the pluck to say with them; you were leaning timidly backwards. Try the hill again, this time keeping the upper part of your body forward and low—not by leaning forward with the knees straight but by **bending the knees and forcing them forward** till the plane of the upper body is parallel to the shin bones.

Did you fall on your face at the bottom? This is probably because you were not ready for the change of speed. You were not braced properly. Your skis stopped and your body kept on going forward. Next time take the weight off the skis, and shorten the lever by sinking on to the heels, knees forward as before.

Did you lose your balance when passing over a bump or a hole? This shows lack of steadiness and of proper bracing. Whatever it was that made you fall, try the hill again, this time assuming the proper position, and saying to yourself all the way "I will not fall!" If you do not try again at once, you may be sure that you will fall again next time at the same spot; you will lose courage and go back to your cowardly checking ways.

But do not imagine for a moment that you will know what to do in an emergency if you have not practised the thing that you should do. Try this exercise on the flat. "Without altering the poise of the upper part of the body, press the knees as far forward as possible, keeping them tightly together, till the hands are in the snow. Then straighten the knees and rise.

Be sure you can stem and snow plough, but only stem when you need to.

Louis Grimes, of racing fame, will take charge of the racing this season, and the first Preliminary will be held over the Ironsides racing trail, starting from Wrightville, this coming Saturday, at 3 p.m. Sharp. There will be three classes, for boys and girls: Seniors, i.e.—those who have already won a prize; Juniors—those who have never won a prize; and Novices—those who have never competed in any race. This classification holds good only for the Preliminaries.

The Christiania Swing.—At Camp Fortune, the other day, under ideal snow conditions, your Editor was practising that most useful and most practical of all stops—the Christiania swing, which all our members should endeavour to acquire. He was doing it according to the book, as he understood it, but was meeting with only indifferent success, when two young men who were looking on—one a Director of the Montreal Ski Club, wearing the proficiency badge of the C.A.S.A., and the other a Dominion Champion, called sharply "Here! What on earth are you trying to do?"—"Can't you see," said Ye Ed. meekly, "I am doing the Christi-

Queen 2700 — Telephones — Queen 2701

Quality—Economy—Satisfaction

AT

Bingham Furs
Limited

Manufacturing Furriers

141 SPARKS STREET :: OTTAWA, ONT.

"IT PAYS TO DEAL AT BINGHAM'S"

AT NO TIME does Coffee taste as good as when you come in after a day in the crisp invigorating air of a perfect Winter Day,—and no Coffee is quite as good as that made in an Electric Percolator. Have you tried it?

A suggestion for your next Skiing Party—

Smooth, Creamy, Percolated Coffee, and a Dainty prepared in an Electric Chafing Dish.

Nothing could be nicer or more appetizing.

The Ottawa Electric Co.

Telephone Queen 5000 :: Ottawa Electric Building, Sparks St.

ania.”—“Well you are doing it all wrong” they said, “You should lean way back, pulling up on your toe straps as hard as you can, instead of learning forward, and swing your hips sharply at the same time—this way. And practical demonstrations were given which were mostly successful, except that they proved too much of a strain on one of the toe straps, which broke. One of the demonstrators also fell backwards at times but he explained it by saying that he was exaggerating the leaning backwards, just to show Ye Ed. Ye Ed. was not entirely convinced, however. On arriving home he went straight to the book shelf after taking off his ski boots and looked up again the theory of the Christiania in his favorite author, Richardson’s. Listen to what Richardson has to say:

Christiania Swing to the right.—(a) Hold the skis well together, with the points level, or with the right point a little in advance of the left. Distribute the weight evenly on both skis, bending both knees a little. (b) **Throw the weight forward onto the toes** and at the same time thrust round the heels of both skis forwards and outwards to the left, **just as you would thrust the heel of the leading foot forward and outwards in making the Telemark swing.**

“This thrusting round of the heels necessitates a twisted position of the hips, legs and skis, as compared with the upper part of the body . . . The body must, of course, be leaned sideways to the right to a degree depending on the quickness with which the turn is made . . . On hard snow and on steep slopes, the skis should be edged but on soft snow, they should be kept flat, at all events during the first part of the swing.”

“Note that as it is the heels of the skis which have to be brought round the weight of the body must at all events, at first, be well forward on the toes, that is to say, one must lean forward. This is a fact which has, I believe, hitherto been overlooked in the instructions given, **it being supposed that on account of the sudden stop which the swing occasions it is necessary to lean backwards.** This is not the case, as the sudden stop inclines to throw one out **sideways**, not forward, and it is necessary to counteract this by leaning sideways and not backwards . . . In order to arrive at an idea of the position required for the skis in the swing, and also to see why one must lean forwards, try to stop on a gentle slope by simply jumping around sideways. This will be found very difficult if the speed is at all great, but when moving slowly it is fairly easy.”

Ye Ed. followed the above instructions at the next opportunity, when he was all alone, and made marvellous Christianias after a little practice without bursting any of his straps or pulling out the soles of his boots either. Try them next time you are on Dome hill or on Camp Fortune slopes, and let us know what you think of the whole thing.

Ski Exchange—For Sale, pair of ski-boots, size 7, \$2.50. Phone Q. 3169. A pair of spectacles and a small purse were found in front of Camp Fortune Lodge, in the fall. Owner please apply Editor Q. 3000 Ext. 730.

The Canadian Ski Annual. Everybody says this year’s Annual (1927-28) is the best yet. Have you got your copy? Don’t delay. They are going like hot cakes. This Annual has a full page photo of your President. Get it at McGiffin’s.

MOWAT & MacGILLIVRAY

Telephone
Queen *2800
NEW YORK
STOCKS

Members Montreal Curb Market
Members Standard Stock
and Mining Exchange
Vancouver Stock Exchange
128 Sparks St., OTTAWA
Montreal and Toronto Stocks

Private
Wires
MINING
STOCKS

Branches: Belleville, Brockville, Cornwall, Pembroke, Ont., and
Hull, Que.

ORDERS EXECUTED ON ALL EXCHANGES

Before You Make Your Selection
OF
SKIS, BOOTS & FITTINGS
Come and See Our Stock!

OTHERS MAY BE "JUST AS GOOD"—BUT OURS
ARE THE REAL THING!



KETCHUM & CO.

SPARKS STREET, OTTAWA



W. E. GOWLING

GOWLING
Business College



H. G. W. BRAITHWAITE

DAY AND NIGHT CLASSES
ENTER ANY TIME

W. E. GOWLING
PRES.

H. G. W. BRAITHWAITE
PRIN.



Ottawa Ski Club News

Edition No. 2

*All communications regarding this Circular to be addressed to
 "The Editor O.S.C. News, P.O. Box 65."*

SPECIAL

100 Pairs Semi-racing Skies with M. E. Fittings \$15.00
 Racing Skis, M. E. Fittings from \$17.50 to \$20.00
 Jumping Skis with M.E. Fittings from \$18.00 to \$21.00
 Telemark Skis, M. E. Fittings \$13.50 — \$17.50
 Ski Poles, Ski Wax and Ski Fittings. Repairs, Remodelling. Used Skis taken in trade.
 Ski Poles, Ski Wax and Ski Fittings—Repairs, Remodelling—Used Skis taken in trade

542 Wellington Street **SIGURD R. LOCKEBERG** Sherwood 3160
 Norwegian Ski Boots, Grottnumsbraatins Model \$13.50

SPECIALS AT THE SKI CENTRE

Hickory Racers or Semi-Racers,
 Dome Top, finest Norwegian design,
 7 foot **\$13.50**

Ash Semi-Racers, de luxe quality,
 complete with M.E. fittings,
 Ladies' size **\$11.75**

Men's Birch Outfit, Skis, Boots
 and Fittings complete **\$12.25**

Ladies' Ash Outfit complete with
 boots and fittings **\$12.50**

Racing Ski Poles, long 1 piece
 spikes, extra large rings, pr. **\$ 3.25**

Heavy Blue Ski Slacks or Breeks
 gents or ladies', finest quality ... **\$ 3.95**

Leather Windbreakers, finest
 quality **\$10.75**

Moleskin Windbreakers, warm,
 light, and windproof **\$ 5.50**

Our stock of Ski Boots and all other
 Ski Supplies is still very complete.

Expert Ski Repairing—
 Odd Skis Matched.

223 Bank St.
 Near
 Lisgar St.

BYSHE'S

Ottawa's
 Ski
 Centre